

Cobequid Spartans Gymnastic Centre

Term 1 Newsletter

September - 2011- Jan 2012

Welcome to the CSGC. Our goal provide your children a safe and friendly environment in which they can have fun and make new friends while they learn basic gymnastic and trampoline skills. **OUR FOCUS IS FUN, FITNESS & FUNDAMENTALS**

Things get very hectic so in order to make things run as smooth as possible we would ask that you keep the following in mind:

1. We hope that we can accommodate everyone's class choices, however, we cannot allow switching class days or times after week 3.

2. Please place outdoor footwear on the mats just inside the lounge. Parents are also asked to please remove their outer footwear to prevent tracking of water and dirt into the lounge where the athletes walk in their bare feet.

3. All athletes are to wait in the lounge area for their class to begin. The coaches will come and get your child. It is very important that parents are on time to pick up their children. Our classes run back to back and there is no supervision available after class. Please come into the gym to pick up your child. We do not allow children to wait outside the building.



4. In our In our effort to recycle we would ask that you please use the appropriate container for garbage and refundable recyclable containers. They are clearly labeled in the lounge. Excess liquid can be emptied in the sink. . If you have recyclable bottles at home they may be dropped off at the SUBWAY BOTTLE Exchange under the club name.

Office Hours

Monday 6:00-8:00pm
Tuesday 6:00-8:00pm
Wednesday 11:30-1:00pm

At any time if you have questions about your child's coach or class please feel free to contact the appropriate program coordinator at (895-7727). You may also email your concern to csgc.tanya@ns.aliantzinc.ca and your request will be forwarded. Please remember that our first priority is given to the children in the class. **Coaches will not leave the floor during a class to attend the office.** If you are unable to come in during office hours please call or email the gym to set up a convenient time for you to stop by.

Spectator viewing area

We do have a small viewing area in which family are welcome to stay to watch. As parents we all know how exciting it is to watch your own child as they perform. It is also difficult as parents sometimes to sit quietly and not talk to your own child with words of encouragement. Although this is natural it can also be very dangerous since it is distracting to all of the children in the group as well as the coach. We would kindly ask that you save you praise for after class. If you do see something that concerns you please speak to your child's coach after his/ her class.

Photos

If you wish to photograph or video your child you MUST ask permission from your child's coach. Other parents may wish that their child not to be photographed and we must respect their right to privacy. Thank you

Important Dates to Remember

Fri, Sept 30th 4H Event- Parking pass required at the gate to get onto the grounds.
Sat, October 1st No classes- Coach training clinic
Make up Saturday Jan 28th
Mon, October 10 **CLOSED THANKSGIVING**
Mon, October 31st Halloween gym closes @ 3pm (Make up NOV 5th)
Sat, Nov 5th Halloween Make up day for Oct 31st
4-5 groups Sat Nov 5th 12-1
5-6 groups Sat Nov 5th 1-2
4-6 group Sat Nov 5th 12-2
Fri Nov 11th **CLOSED REMEMBRANCE DAY**
Sat Nov 2nd Last day to place clothing orders
Sat Nov 26th Last day to return tickets for draw
Sat Dec 3rd Lottery Draw term #1 12:00 noon
Sat Dec 17th Last day before Xmas break
Mon Jan 2 **CLOSED -NEW YEARS DAY**
Tues, Jan 3 Term 1 class resume
Jan 16-23, 2012 Re-registration week Term 2
Sat Jan 21st Term #1 ends
Sat Jan 28th Make up day for Sat October 1st
Mon Jan 30,2012 Term #2 begins

Club Clothing

We are accepting orders for team wear. Please see the back of this newsletter for ordering information
Sizers are available in the proshop/office Mon & Tues 6-8 and Wed 11:30-1:00pm

Deadline to place orders is Nov 2nd

Let's have a great season with lots of smiles and new and lasting friendships

Program Coordinators

Please feel free to speak to our program coordinators if you have a concern about your child, our programs or staff.

Preschool Krista Henderson
Competitive & Rec Trampoline

Recreational Erin Simpson
Competitive Boys
Level I girls

Competitive Girls coach Kim Bernard
Level 2+

Office Manager Tanya MacKenzie

www.cobequidspartans.com

895-7727