



COBEQUID SPARTANS

GYMNASTICS AND TRAMPOLINE CENTRE

June Newsletter

www.cobequidspartans.com

June 2009

Program Coordinators

Preschool	Erin Simpson
Trampoline	Krista Henderson
Competitive	Kim Bernard
Manager	Tanya MacKenzie

Important dates for Recreational athletes:

June 14 th	Last day of Recreational classes
June 20 th	Fun Meet
June 30 th	Last day to register for summer Camp
Sept 8- 10	Fall registration

Fun Meet 2009 Update

Our Fun Meet will be held on June 20th this year. The athlete list as well as competition time has been posted in the main foyer on the white doors. Please check to make sure your child is on this list if you signed up.

There will be a dance /Pizza party here at the gym on Saturday evening from **6:00-9:00pm**. The dance is a sock hop on the gym floor. Please no shoes! Once your child has come into the dance they will only be permitted to leave the dance if a parent comes into the gym to pick their child up.

Thanks to the many volunteers who have taken on this task. You have all done a great job!

Recreational Athlete of the Month

Danielle Hamilton

Danielle has been a member of our recreational program for several years. She always comes to gym with great enthusiasm and love for her sport. These qualities have helped her learn a front tuck in recent weeks. Keep up the good work Danielle!!

Summer Camp 2009

Preschool (ages 3 –5)

Activities: gymnastics circuits and games; crafts; outdoor games and playtime; snack time; storybooks; colouring and movie time.

Week 1- July 7th, 8th, 9th

Week 2 – July 14th, 15th, 16th

Camp runs from 9:30am – 12:00pm and costs \$80.00 per week.

Recreation (ages 6 and up)

Week 1 July 6 –10th – Survivor Camp

Week 2 July 13 –17th – Carnival Week

Recreational Camp

Camp runs from 9 am – 4 pm Monday – Friday (\$150per week)

You can pick up a detailed brochure at the office with a registration form. Registration is on a first come basis and the deadline will be June 30th.

Thanks to all parents, guardians and volunteers. Without you we would not be here!!

Have a safe and enjoyable summer. See you in the fall!



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RECENT MEET RESULTS

Easterns Results

Women's Artistic

Jessica Garrett 8th Vault- Novice 4
 Brittany Green 7th Vault- Open 3

Menes Artistic

Matt Miller 8th High Bar- Level 3
 Jared Goad 1st Vault, 4th floor – Level 3

T&T

Michelle Totten 3rd Team
 Emma Henderson 9th DMT
 Jared Goad 2nd Power tumbling

PEI Fun Meet Results

Argo 2

Abby Bernard 11th vault
 Katrina Bagnell 10th floor
 Jordyn Henderson 8th Bars
 Hannah Lynds 3rd floor, 9th beam, 10th, vault,
 floor & all around
 Brooklyn Brown 2nd vault, 6th bars, 9th beam, 5th
 All Around
 Erin McCavour 8th vault, 2nd bars & beam, 4th
 AA
 Alysha MacSwain 9th floor, 7th vault, 4th bars, 1st
 beam, 3rd All Around

Novice 2

Baliee Keizer 9th beam, 8th bars, 5th vault &
 floor, 7th All Around
 Jennifer Cooke 7th, beam, 6th vault, 3rd floor, 8th
 All Around

Tyro 2

Madeline Bernard 8th vault, 3rd floor, 2nd beam, 9th
 All Around
 Ashley Higgins 8th bars, 6th vault, 4th beam, 1st
 floor, 3rd All Around

National Results

Trampoline

Jared Goad 22nd
 Double Mini Tramp 11th

Athlete of the Month

JESSICA GALLANT

Jess has been a member of the girl's competitive team for 10 yrs. She recently won 3 medals at the Atlantic Championships in Sydney. Jessica is a pleasure to have in the gym and always works hard!

ERIN MacCAVOUR

Erin is a 1st year competitor in the Argo 2 category. Erin qualified for the provincial Championships in her first year. Erin always comes to gym eager to learn new skills with a positive attitude. Her determination has enabled her to progress quickly this year. Great job Erin!

Important Dates:

June 20th FUN MEET
 June 23rd **Last day of training before banquet
 (all monthly groups to attend 4-8pm)**
 June 27th Monthly athlete party 6-8pm
 Annual sleepover: 8pm Sat – 10am Sun
 August 4th Summer training schedule begins
 August 26th Last day of summer training
 Sept 2nd Fall registration 6-8pm- Monthly only

YEAR END CLOSING MONTHLY ATHLETES AND COACHES

The yearend dinner and awards night is set for June 27th (6-8pm) at the Truro Raceway Grandstand. A sign-up sheet has been posted in the foyer for food donations for the supper. After the party there will be a sleepover in the gym for all competitive athletes. Pick up will be Sat morning by 10am (no exceptions!)

SUMMER TRAINING

The summer training schedule has been posted. Please see the calendar posted in the main foyer or check your email for a mail out Please remember to return your summer training form as soon as possible

FALL REGISTRATION

Fall registration will take place Sept 2nd from 6-8 pm. The format will be the same as last year, however, some of the days and times will be changing.