

Spartans News



Recreational Athlete Programs

December 2009

CHRISTMAS INDEX PROGRAM

The Cobequid Spartans Gymnastic Centre will be sponsoring a family for this Christmas Season. If you are able to contribute a monetary donation we would greatly appreciate it. If you do donate money we will give a receipt to acknowledge your support. This is not for tax purposes rather just to confirm your support. There will be a donation container at the office

All donations should be received no later than December 15th, 2009

CLUB HOODIES

We expect the orders to arrive sometime before Dec 18th. Check at the office as we will not be sending notices as many of the items are for gifts

PRO SHOP

Please visit our proshop for new and used training suits and shorts. We have a new shipment so the selection is great. Looking for a great gift idea for Christmas- we have gift certificates. Please check at the office to have a time when someone in the office can open the door if you wish to have a look

LOUNGE/ VIEWING AREA

The cold weather is fast approaching and our lounge can become a bit chilly. If you are planing to stay and watch dress warm and bring a pair of slippers for your feet.

Please remember to remove your outdoor footwear when you come in to the gym.

Please do not bring valuables to the gym

H1N1

Although the second wave of the virus has almost passed we would ask that you Please remember to use the hand- sanitizer when you come into the gym. If your child is feeling ill please keep them home and help us to prevent the spread of this as well as other illness. We do have a drinking fountain, however, you may wish to send your child with a water bottle of their own (names on them) to help prevent the spread of germs.

Thanks for your cooperation

QUESTIONS ??

If you have a question or concern please speak to the appropriate program coordinator.

Preschool	Erin Simpson/Krista Henderson
Recreation	Wendy Cruickshank
Trampoline	Krista Henderson
Monthly	Kim Bernard
Boys Comp	Erin Simpson
Manager	Tanya MacKenzie

TERM #2 REGISTRATION

Information for current members will be sent home in early January 2010. Early registration will take place up to Jan 21, 2010

Registration for new members for term #2 will take place:

Jan 22, 6:00-9:00pm

Jan 23, 9:00-1:00pm

Important note: We will no longer accept cheques for recreational class fee payments

Late fees will be charged starting Jan 24th 2010

FUND-RAISING

Competitive athletes will be selling cheese, chocolate bars and tickets on a \$400 Christmas gift card tree for the month of Nov and Dec. Help support the competitive team travel to competitions in Ontario and PEI for the 2010 competitive season.

WINTER STORM CANCELLATIONS

The following will be the procedure for winter storm cancellations.

We no longer automatically close when schools close. Please read the new policy

STORM POLICY

Cobequid Spartans Gymnastic Centre will cancel classes at it's own digression due to winter related weather closures. A message will be posted by 8:30am for storm related closures for the morning classes. Depending on the conditions on the day of the storm the gym may reopen for the afternoon classes.

Please check our **voice mail by calling the gym 895-7727** for a posted message by 8:30am. Updates will also be posted on Big Dog 100.9 and Cat Country 99.5.

A final decision will be made no later than 1:30pm as to the status for the remainder of that day. If the gym must close due to deteriorating conditions throughout the day we will post the message on the local radio station and also post the message on our voice mail system.

If the weather is doubtful please call ahead

Please check your local road conditions before venturing out.

RECYCLE DROP OFF

Remember if you have cans or bottles at home /work they can be dropped of the **SUBWAY BOTTLE EXCHANGE**. Just tell the clerk that you are donating to the Cobequid Spartans

Thanks for your support

CHRISTMAS CLOSURE

The Recreational department will be closed for the Christmas break from Dec 20th - Jan 3rd. All classes resume Jan 4th, 2010

Seasons Greetings from all of us!

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Important Dates (Competitive)

Titans Xmas classic T&T meet (tentative)	Dec 21 st
Competitive athlete Xmas party	Dec 20 th
Xmas Gift card tree raffle draw	Dec 22 nd
PEI Classic	Jan 28-30

CHRISTMAS TRAINING HOURS

Christmas training schedules are posted on the back of this newsletter. Please check your training schedule for the holidays. If you will not be here please let your coach know.

MONTHLY CHRISTMAS PARTY

Secret Santa Gifts - Please bring a wrapped gift to the gym for the person you drew a name for by December 15th (Max \$10.00 value)

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GRIPS

Parents please remember to send in your payment for grips. The cost is \$60.00 per pair

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Please remember to remove your outdoor footwear

Please help to keep our lounge tidy. Please recycle your bottles and cans. Coffee cups go in the garbage.

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**Seasons Greetings to everyone from
the staff of Cobequid Spartans
Gymnastic Centre**



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Cobequid Spartans Three Day Christmas Camp

- When: Monday December 21st to Wednesday Dec 23rd, 2009
- Time: 9:00am - 4:00pm daily
- Location: Cobequid Spartans Gymnastic Centre
73 Ryland Avenue, Bible Hill
- Who: Boys and girls ages Primary age to 12yrs
No gymnastic experience required
Space is limited
- Cost \$75.00 per child (2009-2010 current members)
\$100.00 per child (New members)
- Registration Deadline: Friday December 12, 2009 (Pre registration is required)
- Payment: Debit, Visa, MasterCard
No cheques will be accepted
Payment is due in full at time of registration

Daily activities include:

- ★ Gymnastic / Trampoline instruction
- ★ Games
- ★ Christmas crafts
- ★ Movies
- ★ Story time



Campers are to bring the following

- ★ Healthy lunch
- ★ Snack
- ★ Water bottle (Names must be on the bottle)
- ★ Sweater and slippers

**Registration forms are available at the office.
Registration is limited so register early**



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Competitive Holiday Training Schedule