



Spartans News

December Issue

www.cobequidspartans.com

December 2008

The staff at Cobequid Spartans would like to wish everyone a Merry Christmas Season and a Happy New Year.

REMINDER OF STORM POLICY

In the event that school is cancelled in the cobequid family of schools the gym will remain closed for the morning until 12:30pm.

Depending on the conditions the gym may reopen for the afternoon classes.

Please check voice mail by calling the gym 895-7727 for a posted message by 11:30 am. Updates will also be posted on Big Dog 100.9 and Cat Country 99.5.

A final decision will be made no later than 12:30 pm.

If the gym must close due to deteriorating conditions throughout the day we will post the message on the local radio station as well as on our voice mail. If the weather is doubtful please call ahead. **STORM DAYS ARE NOT MADE UP.**



December Birthdays

Alyssa Stinson - 5 th	Erin Hughes - 19 th
Jasmine Atkinson - 5 th	Erin Carter - 20 th
Brittany Pettigrew - 8 th	Lienna Storry-Terfry - 20 th
Kayley Addis - 9 th	Georgia Countway - 20 th
Thorne Fisher - 9 th	Krista Henderson - 23 rd
Mitchell Tremblett - 13 th	Joecy Peters - 24 th
Jordyn Henderson - 14 th	Caitlyn Dickson - 25 th
Cohen Ly - 15 th	Jessica Marchese - 27 th
Melanie Beaulieu - 15 th	Kim Bernard - 28 th (40th!)
Susie Hay - 16 th	Shelby Augustine - 28 th
Emma Gallie - 18 th	Laura Thurston - 29 th
December Sampson - 18 th	Kathryn MaQuarrie - 30 th
Jennifer Cooke - 19 th	

IMPORTANT DATES

December 3rd, 2008 - last CIT training day before Christmas.

December 21st, 2008 - last Recreational class before Christmas.

Monthly schedules are available from Tanya if you have not received one.

December 22nd, 2008 - Staff Christmas Party. 5:30-9:00pm.

December 22nd, 2008 - **Monthly Athlete Christmas Party 10-2.**

Dec 23rd- **No training**

January 2nd, 2009 - Make up day for Halloween cancellation.

January 4th, 2008 - Recreational classes resume.

Our Program Coordinators continue to work hard to ensure our members get top quality service. If you have questions please contact one of the following @ 895-7727

Preschool Coordinator - Erin Simpson
Recreational Coordinator - Kim McBurnie
Trampoline Coordinator - Krista Henderson
Monthly Coordinator - Kim Bernard
Club Manager - Tanya MacKenzie

Kindergym Reminder:

Only 1 parent per child is permitted in the gym at a time. Additional parents/guardians must stay in the lounge during class time.

We would like to thank everyone who contributed to the Food Drive. We donated 78 items. We got our name on the radio thanks to Trevor Gallant.



Spartans News

Athletes of the Month:

Athletes that have had good attendance, sportsmanship and respect for others.

Monthly:

Hayley Manning

Hayley is a grade 12 student at CEC. She has been a member of our Competitive Team since she was 6 years old. She has been a member of Nova Scotia's Eastern Championships Team as well as Atlantic Championships Team. This is Hayley's first athlete of the month. She has an improved attitude and is continuing to add to her skills this year. Congrats Hayley :)

Quinn Cashen

Quinn is in level 1 competitive boys. He is 6 years old and goes to Douglas Street School. This is his 1st year in competitive gymnastics and he trains 6 hours per week. He is very dedicated to his sport and works extremely hard everyday.

Recreational:

Mikey MacLeod

Mikey has been coming to gymnastics since the spring of 2006. He is 8 years old and is in our Recreational Boys and Recreational Trampoline programs. Mikey has been doing so well this year we can barely tell he is in the gym. His coaches say that he is a joy to coach and we are glad that he keeps coming to gym!!! Great Job Mikey, We are all proud of you!!!

Santa Claus Parade

The Parade was a great success, thank you to all of you that helped decorate and brought in supplies. A great time was had by all despite the rain. We hope for a daytime parade next year so we can go back to showing off for the crowd.

Competitive News:

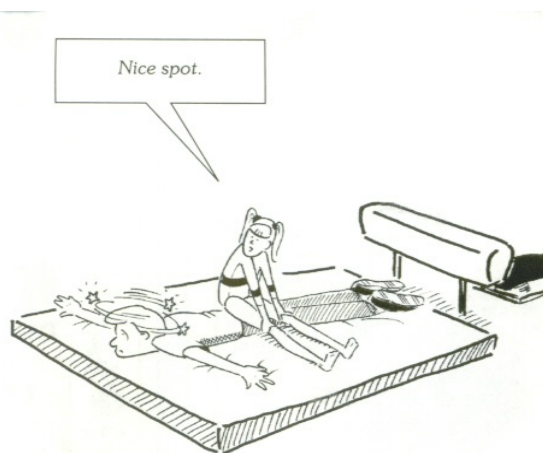
___ Congratulations to Jessica Garrett and Alicia Stewart who travelled to a testing in Halifax in November and qualified to be members of the 2011 Nova Scotia Canada Games Core Team. They are among the top 20 female athletes in the province.

Monthly athletes: Please be advised that we are now trying to improve our communication by sending email messages. Please check your inbox regularly

**Now that the snow is here, please remember to take off your outdoor foot wear in the lounge on the area provided.

Building News:

The club has received a small grant from the municipal government to help with some of the repairs that are needed. We are looking for volunteers ie: Parents, grandparents, Aunts, Uncles, anyone who has some experience with carpentry, plumbing, electrical, painting or flooring. If you can give some time please sign up in our entrance way. Thank You.



LOL:

