



Read on to find how YOU can win an iPad2

Spartans News

3rd edition 2010-11

April – June 2011

Important Dates to remember

Fri Apr 22	Good Friday	Gym Closed
Sat Apr 23		Gym Open
Sun Apr 24 th	Easter Sunday	Gym Closed
Monday Apr 25 th		Gym Closed
Monday May 23 rd	Victoria Day	Gym Closed
Sat June 12 th	FUN MEET	
May 24-Jn 4	Early Bird fall registration	
Sept 9 & 10	Regular Registration	

PRIVACY AND PHOTOGRAPHY

To protect the **privacy of our members** as well as to insure athlete safety we would ask that you please ask at the office before taking pictures / video of your child. Also if a photograph is taken we ask that you DO NOT use a flash
Thanks for your cooperation

PRO SHOP

Please visit our proshop for new and used training suits and shorts. Please check at the office to have a time when someone in the office can open the door if you wish to have a look

LOUNGE/ VIEWING AREA

Please remember to remove your outdoor footwear when you come in to the gym.

Please do not bring valuables to the gym.

Parents please do not leave your children unattended in the lounge area while you are participating in kindergym classes.

Please help keep the lounge clean.

QUESTIONS

If you have a question or concern please speak to the appropriate program coordinator.

Preschool	Erin Simpson/Krista Henderson
Recreation	Tanya MacKenzie
Trampoline	Krista Henderson
Girls Comp	Kim Bernard
Boys Comp	Erin Simpson
Manager	Tanya MacKenzie

Birthday Parties

Just a reminder we do offer birthday parties for children up to 12 yrs of age.

Contact Krista for more details csgc.krista@ns.aliantzinc.ca

A special thank you goes out to **Jordyn Henderson**.

She recently celebrated her 9th birthday by having a gym party.

Instead of gifts she asked her friends to donate to our new building fund. Thank you Jordie for your \$200.00 donation!!

RECYCLE DROP OFF

Remember if you have cans or bottles at home /work they can be dropped off the **SUBWAY BOTTLE EXCHANGE**. Just tell the clerk that you are donating to the Cobequid Spartans

Thanks for your support

GYM DRESS CODE

PRESCHOOL/KINDERGYM/RECREATION

Please remember to **wear proper gym attire to class**.

Please don't wear skirts, jeans, cutoffs or any clothing with buttons or zippers. Please tie up long hair

Thanks

4th ANNUAL FUN MEET

Planning is underway for the fun meet. If you are willing to help out in any of the following areas there will be a list posted in the main lobby area. Please sign the sheet by the main office. The date for the event is **Sunday June 12th starting at 10:00** . Please return your registration (attached) form by May 14th . No late registration will be accepted

- Set up & tear down
- Canteen (food services)
- Prizes and awards
- treat bag donations

We will also have a sign up sheet for canteen donations.

More info to follow in the coming weeks

SUMMER CAMP

Information brochures are nearing completion. The camp will run from July 4- July 29th. The cost for members is \$165.00 (\$190.00 non –members) per week .Each week has an exciting theme with brochures to follow in May. Register before June 30th.

911 CIVIC SIGNS

If you would like to order a 911 civic sign for your residence or commercial business please pick up a form in the lounge. The cost is \$12 for one sided and \$15 for a double sided sign.

Please make cheques payable to 911 signs



Read on to find how YOU can win an ipad2

Spartans News

3rd edition 2010-11

April – June 2011

GYM – A THON May 9 – 14th

Win an ipad2

We will be having a gym wide gym-a thon to help raise much needed funds to purchase a new 40'x40' floor exercise mat. All athletes are encourage to participate. The gym a thon will be held over a ½ -1 hour time period during your child's regular class time. Sponsor sheets will be sent home in April

The top prize for the most sponsorship money collected is a Ipad2



2nd prize \$150.00 towards either summer camp 2011 or Term #1 Fall 2011(some conditions apply)

You will be able to gather sponsors from April 11th – May 14th

Sponsor sheet will be sent home April 11th

GOOD LUCK TO ALL PARTICIPANTS

REGISTRATION FOR FALL PROGRAMS

Early Bird

Watch for early bird registration information to be sent home in the coming weeks. Current members will have the chance to register for next year at this years current pricing from May 24th to June 4th only

Regular Registration

After the early bird registration the regular fall registration takes place at the GYM EX (73 Ryland Avenue)

Friday	September 9 th	6:00 -8:00
Saturday	September 10 th	9:00-12:00

TERM #2 LOTTERY DRAW WINNERS

\$2000.00	Taunya Pynne Crowe	Tatamagouche
\$1000.00	Diane Percival	Truro
\$ 500.00	Erin Deuville	Valley
\$ 100.00	Karen Gonzales	Truro
\$ 100.00	Carrie Saunders	Truro
\$ 100.00	Kim Brownell	Truro
\$ 100.00	Marlene Watson	Valley
\$ 100.00	Angela LeBonte	BibleHill

Congratulations to the winners and thanks to all for your support

Nova Scotia Provincial Teams 2011

Hannah Lynds
 Alysha MacSwain
 Erin MacCavour
 Jordyn Henderson
 Abby Bernard
 Ashley Higgins
 Brooklyn Brown
 Jennifer Cooke
 December Sampson
 Janelle White
 Rebecca Green
 Clare Matheson
 Brittany Pettigrew
 Jared Goad

Emily Gowan
 Seth Penner
 Emma Henderson
 Bria Harper
 Jensen MacNeil
 Michelle Totten
 Jeff Ramsay
 Sam Trenholm
 Zack Morris
 Zander Morris
 Lee Gilbert
 Liam Simpson
 Matt Miller

The Provincial Championships will be held in April for both gymnastics and trampoline. Members will have a chance to qualify to represent NOVA SCOTIA at either Atlantic or Eastern competitions. **GOOD LUCK to all Athletes.**

A special congratulations goes out to our competitive girls' Team for 2011. **TEAM SPARTANS** were only 1 of 2 teams in the entire province to qualify **ALL** athletes to compete at the Provincial Championships in Sydney. Way to go Team!!

CANADA GAMES

Congratulations to Jared Goad the Canada Games Floor Exercise champion for 2011.

SPORT HERITAGE AWARDS 2011

Congratulations to Alicia Stewart for being select as a finalist for the "Female Athlete of the Year" 16-20 category for 2011. We are proud of you for your accomplishment. Alicia has since retired for training but continues to coach in our recreational program.